

MEDIA RELEASE

July 2010



Date for your diary...

ALL WELL & GOOD @ EUMUNDI MARKETS

Saturday 11 September

Be kind to your body, mind and soul, and also enjoy some retail therapy on the side at **All Well & Good** in Eumundi on Saturday 11 September 2010.

Hosted by Eumundi Markets, All Well & Good is a special health and wellness oriented market day this year timed to coincide with the start of National Herbal Medicines week.

Eumundi Market Manager Peter Homan says visitors can follow an All's Well & Good Trial through the market on the day.

"More than 40 stalls will be showcasing products and services focused on health and healing," he says. "And all visitors will receive a free trail map and program on the day."

"Take part in free yoga workshops, and enjoy demonstrations and presentations from a range of speakers.

"All Well & Good is a day of education and healthy pampering as Eumundi Market welcomes a special event of healthy foods, products, therapies and lifestyle choices," Peter says.

Sample, test and try products and services including herbal medicines, essential oils, natural skincare, Ayurvedic medicine, homeopathy, naturopathy, Chinese medicine, yoga, massage, manipulative therapies, tarot readers, palmistry, reiki, clairvoyance, astrology and energy healing.

Set against the backdrop of Australia's premier craft market, there's also plenty of opportunity for quality shopping – with an incredible range of handmade and handcrafted giftware, furniture, jewellery, art, fashion and food.

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MEDIA – For interviews, images from All Well & Good or further information, please contact Peter Homan on 0419 733 468 or email manager@eumundimarkets.com