

## WOODFORD FOLK FESTIVAL INAUGURAL FOLK MEDICINE PROGRAM LAUNCHED

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Monday 29th October 2007

Have you experienced the awesome energy and fantastic entertainment of The Woodford Folk Festival? 20 venues over six days of melody, song, dance, laughter, forums, talks, mirth, play, tradition, innovation, film and unforgettable experience.

The good news for health care is that Woodford Folk Festival has now dedicated a program to health care and healing. The Folk medicine program has been designed specifically to bring the best current folk medicines and healing techniques to Woodford.

Enhance your festival experience by visiting our inaugural FOLK MEDICINE Program at BLUE LOTUS. Relax, partake in talks and forums with health care practitioners and health visionaries introducing New ideas for mind and body wellness.

FOLK MEDICINE runs each day from 8am to 9am and then again from 1pm to 6pm at THE BLUE LOTUS and is about interaction between speakers and audience. After each session you have the opportunity to talk personally with our speakers. The program closes each afternoon with a one hour forum at 5pm. Please come along and share your thoughts on the daily topic as advertised in this program.

We invite you to relax and integrate this healthy information into your festival experience. There is time to talk with presenters and share ideas in health forums. Join our dynamic speakers opening our minds to new ways of dealing with health.

Each morning start your day with Ian Cameron for a morning Tai Chi session that will revitalise you on the hill. Or join our first speaker with a cup of tea at BLUE LOTUS filling you in on modern and traditional Folk medicine trends. Share this session with joy and The Poetry Doctor, Allan Niblett developer of the famous Niblett technique for deep and soft tissue therapies, Homeopath Linlee Jordan, Ayurvedic Eumundi Medicine man Jay Mulder, Holistic Health for vitality with Lisa Johnson, and the beautiful art of cell singing to greet the new years morning with developer Liza Callen.

At 1pm we enliven your afternoon with our awesome line up of internationally acclaimed presenters including GP with a passion for biochemistry Dr Carole Hungerford, author of "Good Health in the 21st century", Chinese medical practitioner and Qi Gong fan Jost Sauer, Author of "Higher and Higher", Meryl Dorey with her knowledge and researched information about how to have healthy families naturally, Dr Philip Nitscke from Exit International who shares his thoughts, research and experiences about the right to die and Sunshine Coast based Simone Mathews on crystal healing arts. Naturopath Tamara Skok can help you decide what supplements are needed and why you need to take them to avoid the modern illnesses such as cardio vascular disease. Christabel Mary has assisted many people on their path to wellness from Cancer and is the author of "A pocket full of gold". Psychologist, teacher and inspirational speaker Gayla Maxwell will talk about healthy relationships and healthy lives. Gayla has written the best seller "Permission to Dance"

FOLK MEDICINE is simply an expression of the many paths to wellness which are timeless folk healing traditions. We introduce ground breaking research and natural therapy solutions as modern and evolving folk medicines in an empowering and interesting format. The daily 5pm forums follow themes of the day and cover such topics as "What is right and wrong with Modern

Medicine" with Dr Carole Hungerford, "Recreational drugs and Self reality" with Jost Sauer, "Healthy Families Naturally" with Meryl Dorey, "The emotional component of disease" with Dr John Parker, "End of Life choice" with Dr Philip Nitscke and FOLK MEDICINE on New Years Day has a special 4pm forum discussing your thoughts on the future of our health care systems with many of our guest speakers. Please come and share your views.

For further information and ticketing visit [www.woodfordfolkfestival.com](http://www.woodfordfolkfestival.com)

For information about Dominique Finney visit [www.medicineroom.net](http://www.medicineroom.net)